

Army Reserve (SERCAT 2 and 3) Annual Contact Details and Health Declaration

Section 1 - Reserve member's details

Employee ID	Rank	Date of birth	Gender
Family name		Given name(s)	
Home address City		Home phone number	
		Mobile phone number	
State	Postcode	Alternate/business phone number	
Personal email address			
If currently residing overseas, what will be your approximate length of stay outside Australia?			

Section 2 - Primary emergency contact details

Name	Relationship		
Address City		Home phone number	
		Mobile phone number	
State	Postcode	Alternate/business phone number	
Personal email address			

Section 3 - Health

Current MEC/SPEC	Date of last ADF health assessment	Examination type <i>(Entry medical, PHE, MEGR etc)</i>
------------------	------------------------------------	--

General health

The following questions are provided to determine if your current MEC/SPEC and employment Restrictions require review. Since your last Defence Health Examination/Assessment have you:

Developed any injuries/illnesses/conditions that may change, or add to, your existing Employment Restrictions as defined at your last health assessment? Yes No

If 'Yes', what do you believe may be restricted *(eg No running, no heavy lifting, no flying, require dietary control etc)* ?

Section 4 - Current and standard of skill level

Have you used your Army skills & proficiencies since leaving the Regular or SERCAT 5 Reserve service? Yes No

Have you gained any new proficiencies or skills since leaving the Regular or SERCAT 5 Reserve service? Yes No

(If so please list and provide 'certified true copies' of documentary evidence)

Please note the following:

From 1 Jul 16, the ADF Total Workforce Model (TWM) was introduced. Also introduced, were amendments to the Defence Act that changed DA50s to DA26 agreements. TWM features a new structure of service categories (SERCATs) and Service Option (SERVOPs) that defines service. To learn more please visit: <http://www.defence.gov.au/ADF-TotalWorkforceModel/>

As a member of the SERCAT 2 or SERCAT 3 Army Reserves you have the flexibility to render service via DA26 agreements. If actively looking, please register at www.army.gov.au to be notified when current opportunities are available. Types of opportunities may include in short-medium projects or posting opportunities via DA26, CFTS or LPS.

If seeking to transfer within the Army, between the Services or separate completely from the Army please visit our website for more detail or contact us by email at: standby.reserve@defence.gov.au

Section 5 - Member's declaration

I declare that:

- 1 To the best of my knowledge, the answers to the questions in this form are an accurate reflection of my medical history since my last health assessment date.
- 2 For routine health requirements not related to Defence service, I know that I must consult my civilian health practitioner.
- 3 I may be exempted from medical compliance, for the purpose of the individual readiness requirements set out under Defence Instructions made under Section 9A of the *Defence Act 1903*, on the basis of the information I provide in this form. I understand:
 - a. I may undergo an ADF health assessment prior to an Active Reserve posting.
 - b. In the case of a call-out, I must comply with the individual readiness requirements within three months of receiving notice.

Signature	Rank	Date
Family name	Given name(s)	

Section 6 - Administrative use only (Processed on PMKeyS)

Signature	Full name	Rank or title	Date
-----------	-----------	---------------	------