



# RESERVE RECRUIT TRAINING COURSE



WEEK	MON	TUE	WED	THUR	FRI	SAT	SUN
<b>INDUCTION</b>					PT issue Emergency Evacuation Drill	Fitness assessment Induction briefs	Church Induction briefs Mil conduct/law
<b>1</b>	Army Swim Test Induction admin Equipment issue Assemble equip	Resilience training Injury prevention Drill	Circuit training Oral hygiene Inoculations Weapon handling Drill	Weapon handling Character development	Weapon handling Induction Briefs	Aerobic Conditioning Weapon handling and assessment Radio operation	Church Radio operation
<b>2</b>	Marksmanship Weapon handling assessment Communication training	Marksmanship Local leave Equipment assembly	3km March Marksmanship Military customs and traditions	Marksmanship theory and practice	4km March Marksmanship Fire positions	Jump course Weapon handling Communication Assessment	Church Drill Map Reading
<b>3</b>	Fitness Assessment Navigation training	Weapon handling Marksmanship Law Armed Conflict	Battle PT Casualty evac LSW theory LSW assessment 1	LSW practice and employment	LSW assessments	First Aid	First Aid
<b>4</b>	First Aid Military context LSW assessments	Bayonet fighting Flying fox	Navigation Exercise Military equipment lessons	4km field run Hygiene in the field Orders Fieldcraft	Field Exercise	Field Exercise	Field Exercise
<b>5</b>	Field Exercise	Exercise Kokoda Cup Photos	Drill revision Drill assessment Survival swim strokes	Drill revision March Out Parade rehearsal	Drill revision March Out Parade Local leave	Return to Unit	